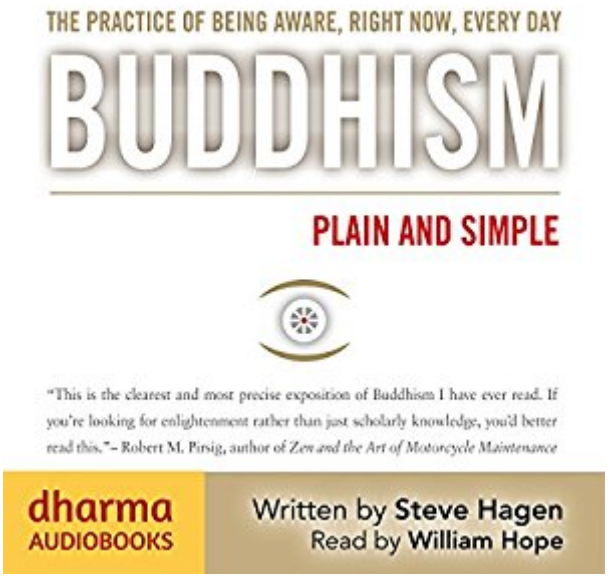
Ebook Directory
the best source of ebook

The book was found

Buddhism Plain And Simple



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

The observations and insights of the Buddha are practical and eminently down to earth, dealing exclusively with awareness in the here and now. Buddhism Plain and Simple offers listeners these fundamental teachings, stripped of cultural trappings that have accumulated around Buddhism over the past 25 centuries. The newcomer will be inspired by the clear, simple principles found in Buddhism Plain and Simple, and those familiar with Buddhism will welcome this long-needed overview.

Book Information

Audible Audio Edition
Listening Length: 4 hoursÃ Â andÃ Â 58 minutes
Program Type: Audiobook
Version: Unabridged
Publisher: Dharma Audiobooks
Audible.com Release Date: December 24, 2015
Whispersync for Voice: Ready
Language: English
ASIN: B019P8SX3I
Best Sellers Rank: #54 inÃ Â Books > Audible Audiobooks > Religion & Spirituality > Buddhism & Eastern Religions #56 inÃ Â Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Philosophy #58 inÃ Â Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Spirituality

Customer Reviews

This book is to be read more than once. It touches on the very essence of what Buddhism is all about on an introductory level. Do not read this book believing you will "get it" the first go round. Read it, study it. Just do not read it with great expectations of becoming an all-knowing Buddhist monk. I found this book very informative and insightful. It has greatly sparked my interest in continuing my study of the Buddhist traditions and the study of the Dharma.

I have been practicing for 10 years and read many books. I found this to be one of the best books on the subject!It is written in plain language but there’s still a complexity to Buddhism in general, so the book will most likely be useful and understood bya moderately experienced student..

As an atheist, I've always been attracted to Buddhism. I thought, I'll just be a Buddhist without all the mumbo-jumbo woo-woo. Buddhism as explained in this book has no mumbo-jumbo, it is a simple clear practice of getting connected with reality. I really like this book for its ability to demonstrate the teachings of Buddhism without any of the "beliefs" attendant to Buddhist sects, such as reincarnation, ancestor worship, or other distractions. I'm learning a lot from reading it. I can see it will be one to read over and over.

For people who are looking for answers to deal with our everchanging society, this book tells you the key. I highly recommend deciding up front that you want to learn, and treat this like a high school or college course. Sit down at a table, read and make notes like there was going to be a test on the material. I made the choice to initially highlight the book. Lesson learned. Now I have to do exactly what I recommended. It's still a great read, and a true challenge to everything you've most likely been taught over your lifetime.

I haven't read much about Buddhism so this is the perspective of someone who is fairly new at the subject. I found this book very clear written and to the point. The book is as the title suggests "plain and simple". I would definitely recommend it to someone wanting to learn about the basics of Buddhism or someone who wants a different perspective on living. The "plain and simple" concept is also visible in the content itself making it a very refreshing view of a way of life. It's not trying to convert you into Buddhism which is great. Its focus is to inform the reader of basics. I did find it ended a bit fast. I wish there was a sequel to it that goes deeper into the subject in the same informative, plain and simple way.

I would consider this a excellent read for anyone interested in Buddhist philosophy.the author leaves you with a positive message on Buddhist thought

As the title suggests it is about Buddhism plain and simple. This is one of a handful of books on the subject of Buddhism, that truly puts it in simple terms. Mr Hagen breaks in down so anyone can understand. I have read several books on this subject, and lots of times the books are basically to complicated, if you have no prior knowledge of Buddhism. Mr Hagen I have given a few copies of this book to friends that ask me about Buddhism. This book is for anyone who wants to learn about Buddhism. This book is my top choice for people new to the subject. Alan Watts also has some great books on Buddhism, that are similar in context. But this is my number one recommendation.

This is a really good book for those of us who are new to Buddhism.

Download to continue reading...

Buddhism: Beginner's Guide to Understanding The Essence of True Enlightenment (Buddhism, Buddhism Beginners, Buddhist Books, Buddhism Books, Zen Buddhism Book 1) Buddhism: BeginnerÃ¢â ¬â„¢s Guide to Understanding & Practicing Buddhism to Become Stress and Anxiety Free (Buddhism For Beginners, Buddha, Zen Buddhism, Meditation for Beginners) Buddhism: BeginnerÃ¢â ¬â„¢s Guide to Understanding & Practicing Buddhism to Become Stress and Anxiety Free (Buddhism, Mindfulness, Meditation, Buddhism For Beginners) Runes, Plain & Simple: The Only Book You'll Ever Need (Plain & Simple Series) Zen Buddhism: How Zen Buddhism Can Create A Life of Peace, Happiness and Inspiration (Zen Buddhism for Beginners, Zen, Zen Books) BUDDHISM: 50 Buddhist Teachings For Happiness, Spiritual Healing, And Enlightenment (Buddhism For Beginners, New Age Meditation, Dalai Lama, Zen Buddhism, Spiritual Guide, Stress Free, Dharma) BUDDHISM: Buddhism For Beginners: How To Go From Beginner To Monk And Master Your Mind (Buddhism For Beginners, Zen Meditation, Mindfulness, Chakras) Buddhism: Buddhism for Beginners: The Complete Introduction to Buddhism: Meditation Techniques, Acceptance, & Spiritual Practice (Buddhist, Meditation, ... Zen, Inner Peace, Dalai Lama Book 1) Hidden in Plain Sight: The Simple Link Between Relativity and Quantum Mechanics: Hidden in Plain Sight, Book 1 Buddhism Plain and Simple Buddhism Plain and Simple: The Practice of Being Aware, Right Now, Every Day Cool Colleges: For the Hyper-Intelligent, Self-Directed, Late Blooming, and Just Plain Different (Cool Colleges: For the Hyper-Intelligent, Self-Directed, Late Blooming, & Just Plain Different) Plain Theology for Plain People (Lexham Classics) John Ploughman's Pictures or Plain Talk for Plain People Plain Fame (The Plain Fame Series Book 1) Plain Again (The Plain Fame Series Book 3) Criminal Company: A Plain Jane Mystery (The Plain Jane Mysteries Book 8) The Birth of Insight: Meditation, Modern Buddhism, and the Burmese Monk Ledi Sayadaw (Buddhism and Modernity) Collected Works of Edwin Arnold: Buddhism and Hinduism Studies, Poetry & Plays (Illustrated): The Essence of Buddhism, Light of the World, The Light of ... The Japanese Wife, Death--And AfterwardsÃ¢â ¬Â¦ Buddhism After Patriarchy: A Feminist History, Analysis, and Reconstruction of Buddhism

Contact Us

DMCA

Privacy

FAQ & Help